

BRIDGE STAR SYSTEMS

SAFE TURNING AND REPOSITIONING

Instructions for Use

Repositioning Sheet

- 1 Place unfolded sheet next to patient/resident with tag side up and tag towards the foot end.
- 2 If using with BreatheDRY absorbent pad, place pad on top of the sheet.
- 3 Ensure the top of the sheet is aligned with top of patient/resident shoulders.
- 4 Log roll patient/resident away from sheet.
- 5 Tuck sheet underneath patient/resident so they will be centered on sheet when returned to supine position.
- 6 Log roll patient/resident the opposite way to pull through and flatten sheet ensuring no folds or creases remain underneath patient/resident.
- 7 Return patient/resident to supine position and use sheet handles to reposition patient/resident on the bed.

Turning and Repositioning Wedges

- 1 Log roll patient to off-load pressure.
- 2 Place two wedges underneath sheet; arrow side down, a hands width apart, one above sacral area, one below sacral area.
- 3 Gently log roll patient onto wedges to achieve sacral off loading.
- 4 Ensure sheet is smooth with no wrinkles underneath patient/resident.

**Always Follow your Safe Patient Handling Protocols
when using Repositioning Sheets and Wedges**



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